

*Chestnut Hill College and  
The Soldiers Project of Pennsylvania Present:*  
**2012-2013 Continuing Education Series**



**CHESTNUT  
HILL  
COLLEGE**

**Mild Traumatic Brain Injury (MTBI): Implications for Assessment and Treatment**

October 4th, 2012 from 10 to 12\*

The purpose of this presentation is to define and describe MTBI, especially within the context of war related injuries. Physiological processes associated with MTBI and their impact on neuropsychological functioning will be examined. Neurocognitive and socio-emotional outcomes following MTBI along with implications for assessment and treatment will be discussed.

Presenter: William J. Ernst, Psy.D. is an Assistant Professor in the Psy.D. program in Clinical Psychology at Chestnut Hill College, where he teaches courses in neuropsychological assessment and biological bases of behavior.

**Military Sexual Trauma (MST)**

November 15<sup>th</sup>, 2012 from 10-12\*

The purpose of this presentation is to define and describe Military Sexual Trauma (MST), as well as understand some of the difficulties both female and male survivors of MST may have even years later. We will also examine why many survivors do not come forward while in the service, unfortunately suffering in silence. Services available for MST survivors will be explained and contact information provided.

Presenter: Allison M. Stanco, MS, LPC is a Readjustment Counselor and Military Sexual Trauma Counselor at the Montgomery County Vet Center. She has been a member of the Pennsylvania Army National Guard since 1997, and is currently the chair of the Montgomery County Veteran's Suicide Prevention Subcommittee.

**Compassion Fatigue, Vicarious Traumatization, and Self Care for Mental Health Professionals**

March 21<sup>st</sup>, 2013 from 10-12\*

The purpose of this presentation is to discuss the latest research findings on the neuro-psychological and socio-emotional manifestations of compassion fatigue and vicarious traumatization. Participants will learn how to recognize the signs that one might be struggling with compassion fatigue, vicarious traumatization, or Secondary Traumatic Stress Disorder. Various self-care techniques will be explored for mitigating the effects of compassion fatigue and vicarious traumatization.

Presenters: Nadine Bean, Ph.D., LCSW is an Associate Professor in the Master of Social Work Program at West Chester University of Pennsylvania. Jocelyn Spencer Sagrati, LSW, CYT is a licensed social worker who utilizes a strengths-based, empowerment approach to therapy that incorporates mindfulness and yoga breathing techniques into clinical interventions for traumatized individuals

\*All trainings will take place in the East Parlor of St Joseph's Hall at Chestnut Hill College

The Soldiers Project is a private, non-profit, independent group of volunteer licensed mental health professionals including psychiatrists, psychologists, social workers, registered nurses and marriage and family therapists. Our volunteers provide free, unlimited, confidential counseling and support to military service members who have served or who expect to serve in the Iraq and/or Afghanistan conflicts and to veterans of those conflicts.

**To register, please contact:**

**Sister Nancy  
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215-248-7028**

**Or**

**The Soldiers Project  
PA  
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215-242-7736**