The Soldiers Project

Free, Confidential Psychological Counseling for Soldiers and Their Families

Newsletter

We would like to start this Newsletter out with a heart felt THANK YOU to all of The Soldiers Project Volunteers and an update from Dr. Judith Broder:

Greetings to you all! This has been a very busy and exciting time for TSP.

In the aftermath of The Purpose Prize and the horrible incident at Fort Hood, we have received a lot of publicity, both local and national. The numbers of referrals have increased. As always I'm deeply moved by your willingness to provide care for these injured people.

We have received many new applications for volunteers: mental health professionals as well as some extremely talented media and arts people who want to contribute to our efforts. We have had inquiries about new satellites in Texas, North Carolina, San Francisco, Washington, DC and others.

We are now entering another phase of our development and I am currently trying to sort this all out and draw up a "business plan" for our next steps. Fortunately, in addition to the substantial financial assistance of the prize itself, the sponsors of the Purpose Prize offer support in terms of referrals to consultants, fund raisers and grant writers.

We continue to plan workshops and seminars to enhance our understanding of the complex problems facing our troops and their families. As always we're open to suggestions on the issues about which you'd like more information.

In the new year, we intend to provide training to those of you who would like to participate in our outreach to the community. We will provide you with a Power Point addressing the salient issues facing troops and their families during deployment and homecoming, as well as information about the services that The Soldiers Project provides. We hope to reach out to Rotary Clubs, Elks clubs, churches, temples, mosques and other community groups, as they are often the first to recognize someone in distress. Please let us know if you are interested in this outreach. It is not necessary to be a licensed mental health professional to do this.

Whenever I talk to people about The Soldiers Project they are amazed at what we have done with an all-volunteer organization. I want to emphasize that the success of The Soldiers Project could not have been possible without your generosity and commitment.

I look forward to seeing you on December 12,2009 from 1 -4 PM at LAISPS,
12011 San Vicente Blvd., LA 90049 in the basement classrooms.

The Soldiers Project upcoming Workshops and Speaking engagements:

- 12/6 – Dr. Judith Broder – "SUNDAY LA" with Ted Chen on NBC, 7am-8am Live stream at WWW.NBCLA.COM
- 12/11 - Dr. Barbara Schochet – March Air force Base. Yellow Ribbon, Sleep, Relaxation & coping with Flashbacks
- 12/12 – The Soldiers Project Meet & Greet – LAISPS Basement classroom, 1-4pm. This is the final meeting of the year. ALL volunteers are welcome. Discussion of TSP's current & future plans. Questions & concerns in providing treatment for our referrals and a brief clinical vignette to demonstrate some of the issues that emerge in our work.
- 1/16 - Dr. Pamela McCrory – Ventura County CAMFT, Camarillo, CA

In the month of November The Soldiers Project has had 17 referrals, thank you for your support!

Articles that TSP has been in this month:

http://www.latimes.com/news/local/la-me-soldiersproject28-2009nov28,0,1791552.story

Peer Consultation Groups

These groups meet monthly around the city and all volunteers are welcome to attend. Below are the names and email addresses of the Therapists facilitating the groups.

Los Angeles - Bonnie Engdahl - bengdahlphd@verizon.net
Valley - Joy Schary - schary1@sbcglobal.net
Orange County - Susen Kay - susenkay@cox.net

POTLUCK

Sunday, January 10th, 2010 from 4-6:30pm
Please Join The Soldiers Project for a social event at

Dr. Judith Broder's home
1200 Iredell Street
Studio City, CA 91604

Please bring an appetizer
You can also donate money for the party instead of bringing a dish
Please RSVP by Sunday, January 3rd to lynn@thesoldiersproject.org

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Any announcements or articles of interest please submit to lynn@thesoldiersproject.org