The Soldiers Project

Free, Confidential Psychological Counseling for Soldiers and Their Families

Newsletter

We would like to start the January Newsletter with a heart felt THANK YOU to all of The Soldiers Project Volunteers, and an update from Dr. Judith Broder:

"I've been reviewing our work over the past year in preparation for writing an interim report for our Welcome Back Veterans grant and what we've done is truly amazing. We have tripled the number of people for whom we've provided services, almost doubled the number of volunteer therapists and provided dozens of talks to military and community groups.

The satellite groups in Washington State, Chicago, New Your/New Jersey and Sacramento have also grown exponentially and we have a new group in Boston. None of this would have been possible without your dedication, passion and commitment . When people learn about what we've been able to do with a virtually all volunteer organization, they can hardly believe it.

The infusion of funds from my Purpose Prize award and the donations which we've received on the basis of the recent publicity for our good work will enable us to explore ways to extend our services to other cities, increase our speakers bureau outreach and provide additional training for our therapists. We are in the early stages of collecting data on our work. This is a requirement of the WBV grant, but also essential for our applications to other foundations for on-going funding. You'll be hearing more about this in the next couple of months. I hope to see many of you soon at our open house where we can celebrate the work we've done together.

I wish you all a healthy, happy and peaceful New Year."

Judith Broder, M.D.
Founder and Director

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The Soldiers Project upcoming Workshops and Speaking engagements:

- **1/8/10** – Dr. Judith Broder, 10am-11am, http://www.capradio.org/insight. On the dial: 90.9 FM KXJZ Sacramento; 90.5 FM KKTO Tahoe City/Reno; 91.3 FM KUOP Stockton/Modesto; 88.1 FM KQNC Quincy.
- **2/20/10** – Carol Tanenbaum, 12pm-2pm. Speakers Bureau's Training. 3859 Dixie Canyon Ave. Sherman Oaks, 91423. Interested Soldiers Project volunteers please contact Carol Tanenbaum at carolbtanenbaum@aol.com by February 15th.

In the month of December The Soldiers Project has had 23 referrals in Southern California. Thank you for your support!

Training Opportunity

Los Angeles Unified School District-School Mental Health Services in collaboration with Military Child Education Coalition (MCEC) is offering a (2) day training in February geared towards providing information to school support staff and our community partners working with children and families. The training is entitled, "Supporting Children of the National Guard and Reserve Institute." Attendees must be available to attend both training days, held on February 25 and 26, 2010 at the Courtyard Marriott Marina Del Rey. For further details about the training content and goals, copy and paste the link:

http://www.militarychild.org/education/guard-and-reserve-institutes

Local College Outreach

The Soldiers Project continues to form connections at the community colleges to provide services. We are currently on the Veteran's Advisory Board at LACC and are considered an off site partner for the already very active and successful Veteran's Advisory Board. We participate in vet orientation programs, have provided in-service psycho-education programs for the counseling department, are planning to participate in a meeting to discuss Veteran Women's Issues, hopefully in January. The Soldiers Project also continues to provide psychological services for all vets and their families who are students.

We are also present for the returning vets at Pasadena City College. Soldiers Project volunteers,Rhonda Doonan and Michael Gutstadt are conducting a weekly group for returning vets. Carol Tanenbaum will be presenting at the regular psych interns meeting Jan. 27, 2010.

Any announcements or articles of interest please submit to lynn@thesoldiersproject.org